

# **Local Health Care Resources**

\*For emergencies, call 911\*

(This is not a complete list of available primary care physicians. This is a list of clinics in surrounding areas that have previously been known to accept Medi-Cal insurance. Call your insurance provider for up-to-date information about local doctors who are in-network providers and who are accepting new patients.)

\*Columbia College Basic Needs Coordinator is available to assist you with accessing local health care resources. Call (209) 588-5283 for assistance. \*

## **Primary Care Clinics:**

### • Mathiesen Memorial Health Clinic

Open Monday through Friday 8 am to 5 pm Primary care: 18144 Seco Street, Suite A, Jamestown CA., (209) 984-4820

### • Adventist Health Primary Care (also known as the Forest Road Clinic)

Open Monday through Friday 8 am to 5 pm 193 Fairview Lane, Suite B, Sonora, CA., (209) 536-5100

### MACT Health Board

Primary care locations in the following areas:

-Sonora: 13975 Mono Way Suite G, Sonora, CA., (209) 533-9600

-Angels Camp: 52 South Main St., Suite B, Angels Camp, CA. (209) 674-6181

-San Andreas: 1113 Hwy 49, San Andreas, CA (209) 755-1400 Other locations available, see website at: macthealth.org/locations

### Tuolumne Me-Wuk Indian Health Center

Primary care locations in the following areas:

-Sonora: 22044 Cedar Road, Sonora, CA. (209) 928-5400

-Tuolumne: 18880 Cherry Valley Blvd., Tuolumne CA., (209) 928-5400

### James Dalton Medical Office

Open Monday through Thursday 7 am to 5:30 pm & Saturdays 8 am to 1 pm 590 Stanislaus Avenue, Angels Camp, CA., (209) 736-0813

## Valley Springs Health & Wellness Center

Open Monday through Friday 8 am to 5 pm 51 Wellness Way, Valley Springs, CA., (209) 772-7070

### LiveHealth Online

Anthem Blue Cross Medi-Cal members can visit with a doctor, therapist, psychologist, or psychiatrist through live video from a smartphone, tablet, or computer. Sign up at: livehealthonline.com

## **Rapid/Urgent Care Clinics:**

## Indian Rock Rapid Care

Offers treatment for conditions that require timely attention but do not pose an immediate or serious health threat. Examples: colds, sore throats, minor cuts, burns, or sprains. X-Ray services available.

Open Monday-Saturday 8 am to 4 pm

14590 Mono way, Sonora, CA., (209) 536-6680

### • Mathiesen on Main Walk-In Clinic

Provides treatment for illnesses and injuries that do not require a visit to the emergency room but need timely attention. Examples of care: cough/colds, urinary tract infections, mild fevers, pink eye, rashes, ear & sinus infections, STD screenings, minor sprains, sports physicals, sore throats, and other non-life-threatening conditions or illnesses.

Open Monday through Friday 7:30 am to 4:30 pm.

18268 Main St., Jamestown, CA., (209) 630-2772

## Angels Camp Rapid Care

Offers treatment for conditions that require timely attention but do not pose an immediate or serious health threat. Examples: colds, sore throats, minor cuts, burns, or sprains. X-Ray services available.

Open Monday through Friday 8 am to 4 pm

23 North Main St., Angels Camp, CA., (209) 736-9130

# **Local Hospitals:**

### Adventist Health Sonora

1000 Greenley Road, Sonora, CA., (209) 536-5000

### Mark Twain Medical Center

768 Mountain Ranch Road, San Andreas, CA., (888) 981-4497

## **Emergency Dental Care**

### • Rural Health Dental Care

Emergency care for toothaches, swelling, and bleeding. Walk in appointments may be available some days of the week.

193 South Fairview Lane, Suite J, Sonora, CA., (209) 536-5140

Visit the Columbia College Basic Needs web page for more resources related to health care @ gocolumbia.edu/basicneeds