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| **Academic Wellness Educators (AWE)**  **Meeting Minutes** | **Date: September 16, 2016**  **Time: 9:00-10:00am**  **Location: Manzanita MPR** |
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| **Members Present**: Kristin Rascon, Luisa Adams, Tracey Hickey, Matt Fox, Breanne Brown, Amy Nilson, Doralyn Foletti, Matt Burbey (student), Alicia Kolstad, Kathy Schultz, Callie Kitchen, Jessica Shapiro, Stephanie Beaver Alder, Anneka Rogers Whitmer, Judy Reiman, Wendy Griffiths- Bender, Tamara Oxford, Cindy Inwood, Jill Olson, Cheryl Divine, Lindsay Laney | |
| **Guests:** | |
| **Agenda** | |
| Welcome & Wellness   * Wellness Moment- Guided Relaxation * Review of current 2016-2017 FIGS * Budget review of current 2016-2017 FIGS * Open Discussion | |

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| **Minutes** | |  | |  | |
| **TOPIC****: Welcome & Wellness** | |  | | |  |
|  | **Discussion**:   * Review of agenda | | | | |
| **TOPIC: Wellness Moment- Guided Relaxation** | | |  | |  |
|  | **Discussion**:   * Breathing exercise conducted by Laureen Campana | | | | |
| **TOPIC: Review of Current 2016-2017 FIGS** | | |  | |  |
|  | **Discussion**:   * AAC is longstanding with supporting FIG (creating a writing center) * Student Worker In-service * Off-campus services- (Oakdale Tutoring Center) * Foster Youth Outreach and Transition * Continue with GED * On-line Tutor and On Ramp * Campus wide financial literacy * Veteran Support Group * January 2016 the Veteran Center opened in Toyon * Available computers and refreshments * Safe zone for Veterans * On- the-road FIGS- visit other colleges to get idea * On-the-road for Instructional Faculty- create a grant pool * Support future TK-12 Teachers (efforts of child dev.) * ED-11 offered Fall semester * Student, Matt Burbey, shared his story of incarceration and Alicia Kolstad followed up with the idea of offering a new FIG for ex- offenders and possibly partnering with Behavioral Intervention. | | | | |
| **TOPIC: Budget Review of Current 2016-2017 FIGS** | |  | | |  |
|  | **Discussion**:   * Brandon- The process after a FIG request * Is it logical? * Where does the funding come from? * Funding Questions- * Who is involved in the approval process? * This is something that needs to be formalized * Deciding whether the adaptation works and if it is something to continue * Possibility of available cash fund for AWE | | | | |
| **TOPIC: Open Discussion** | | |  | |  |
|  | **Discussion**: Nothing further discussed | | | | |

Adjournment

There being no further business, meeting adjourned at 10:00am.

Record of meeting respectfully submitted by Tiffany Moore.