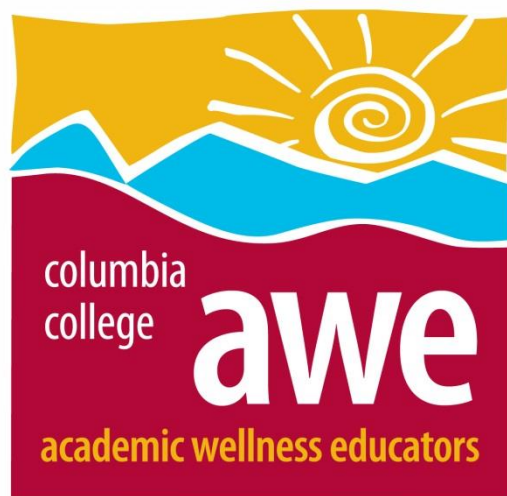


**Date: 1-20-2017**  
**Time: 9:00am**  
**Location: MCR**

## **Academic Wellness Educators (AWE) Meeting Minutes**

**Members Present:** Matt Fox, Kristin Rascon, Michelle Walker, Alicia Kolstad Abby Sunday, Pam Guerra-Schmidt, Rick Rivera, Matt Burbey, Michael Igoe, Jill Olson, Laureen Campana, Jessica Shapiro, Lindsay Laney, Luisa Adams, Callie Kitchen, Mike Fabry, Sarah Mitchell, Tira Lawhorn, Caitlin Hanson.  
Brandon Price arrived late.

## **Agenda**



*The mission of the Academic Wellness Educators is to promote academic wellness in an ongoing climate of growth and improvement in the delivery of learning support services throughout the entire college community for all students at all levels of preparation.*

### **AWE Committee Meeting Agenda** **January 20<sup>th</sup>, 2017** **9:00am–10:30am** **Manzanita Multi-Purpose Room**

- **Welcome & Wellness: Herbs: beyond tea**
- **AWE-some group: who's in?**
- **Student Support (Re)defined**
  - **Six Success Factor Defined: AWE Activities (new and continuing)**
- **Faculty Guests:**
  - **Pam Guerra Schmidt**
    - **Future Educators Update – New Student Club - Certificate of Completion**
  - **Matt Fox**

- Edu 11 Future Educators Website
- Rick Rivera
  - ESL (with student helper)
- Mike Fabry / Sara Mitchell
  - Columbia College Fitness Trail
- Alicia Kolstad/Matt Burbey

- *February Meeting: Revisiting Appreciative Inquiry*

**Weather Report: Next AWE meeting 2/24/17 in Manzanita Multipurpose Room**

# Minutes

## TOPIC: Welcome and Wellness: Herbs: beyond tea

**Discussion:** Lindsay welcomes all for attending. Everyone introduces themselves, Alicia Kolstad is acknowledged for being one of the founders of AWE.

Wellness, presented by Lauren. Oats are an amazing healthy whole grain. Herbs: beyond tea. Steaming herbs or tea bags in a bowl of hot water with a towel over your head is good for sinuses. Sage tea and lozenges are good for a sore throat. See Lauren if you are interested in the recipe.

**Action items:**

**Person Responsible:**

**Deadline:**

## TOPIC: AWE-some group: who's in?

**Discussion:** Student Ambassadors, FSE and On-Ramp are just a few of the programs that started in AWE.

**Action items:** See Lauren or Lindsay if you are interested in being a part of the AWE group.

**Person responsible:**

**Deadline:**

## TOPIC: Student Support (Re)defined

**Discussion:** Handout on the Six Success Factors that Support Student Achievement; this is what AWE is all about.

**Action items:**

**Person responsible:**

**Deadline:**

## TOPIC: Faculty Guests:

**Discussion: Pam Guerra-Schmidt-** 100% of the Child Development courses went through Curricunet. It is a new aligned program. They want to pull Liberal Study students into Child Dev. Pam and Caitlin are working on a documentary "Raising of America", to start important talks of today's issues. The Child Dev. Club has been renamed The Child Dev. Future Educators. Caitlin gave a brief update on the Tea Party Fundraiser which is a fundraiser to help fund the cost of permits and fingerprinting of Child Dev. Student workers.

**Matt Fox-** Education 11 is an into to TK-12 teaching. Cathy Parker (title) will be teaching this class every Fall semester. A website was created about Teaching that will be presented at the next meeting.

**Rick Rivera-** started as the ESL coordinator in July and gave a brief update on ESL.

**Mike Fabry and Sarah Mitchell-** Par Course handout was provided. The Par Course was established in 1980 by Dave Purdy and Bob Gibson; it is now in disarray. The 18 people on the Campus Pride Committee chose the Par Course to focus their efforts on and raised \$17,000.00 in donations enabling the club to redesign and rebuild the whole course. There will be 19 stations on the 1.6-mile course. Each station will have 4 pods. The goal is to widen the whole trail so you can walk side by side with someone. There will be another work party in April to put up directional signs. Sarah is hoping to have a Ribbon Cutting/Grand Opening and Fun Run when the work is complete.

**Alicia Kolstad and Matt Burbey-** Matt gave a brief summation of his past; he has been in school now for two years and doing very well. He would like to see a program specialized for people who have been in trouble. Alicia, Matt and Christa Gentry have done 6 outreach events and have 35 students interested in such a program. Alicia would like to offer Guide 107 as an orientation to college on Tuesday evenings to meet this need. They are requesting \$2000.00 from the AWE Committee to fund mentors, embedded tutors, parking passes, instructional materials and food to nurture them. It would be a 12-week course, starting on February 7, 2017. AWE Committee is in support of the program.

**Michelle Walker and Tira Lawhorn-** MEOC is a TRIO funded grant for people to transition into college. Michelle and Tira will be working one on one with people and doing workshops.

Action items:	Person Responsible:	Deadline
---------------	---------------------	----------

**TOPIC: AWE**

**Discussion:** Concerns were expressed in regards to how AWE has transitioned. There used to be more autonomy, decisions were made at a lower level, it was more collegial. FIGs would be approved on the recommendation of Student Success Council, now decisions are made higher up.

Action items:	Person responsible:	Deadline:
---------------	---------------------	-----------

**TOPIC:**

**Discussion:**

Action items:	Person responsible:	Deadline:
---------------	---------------------	-----------

Adjournment

There being no further business, meeting adjourned at 10:30am

Record of meeting respectfully submitted by Cindy Inwood

